

Special Issue

Factors That Affect the Physical and Mental Health of Vulnerable Groups

Message from the Guest Editors

This Special Issue studies the physical and mental health of vulnerable groups, identifying the variables that affect each case and context. Moreover, it aims to help, in an interdisciplinary manner, to capture experiences that unite the concepts of health–vulnerability–well-being; analyze the state-of-the-art methods; and dare to innovate ways to prevent, treat or eradicate some of the negative situations experienced by these collectives. Original research articles and reviews are welcome in this Special Issue. Research areas may include the following: Systematic reviews and meta-analyses of already-published articles contribute constructively to the development of strategies to address the physical and mental health of the vulnerable. New perspectives towards solutions to specific cases, commitments to innovative ideas in health—addressing aspects that provide it. Validation studies of methodologies used that provide positive results towards the stated objective.

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Message from the Editor-in-Chief

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