

## Special Issue

# Health and Readiness of Tactical Populations

### Message from the Guest Editor

Tactical populations include first responders and military personnel that have committed to protect life and property. Many of these occupations require the performance of arduous physical tasks in austere environments. As such, musculoskeletal injuries, psychological and physical morbidities, and decreased physical fitness occur across the career span. We are pleased to invite you to provide researchers, administrators, and practitioners with empirical research to elucidate these occupational threats, identify risk factors and mechanisms associated with their occurrence. Research aims and study designs on tactical populations may include (but not limited to) the following: Elucidate and evaluate critical mental and physical health, injury, and performance issues confronting tactical populations; Quantitative and qualitative investigations to identify risk factors and mechanisms of injuries; Cross-sectional designs to evaluate the role of physical fitness and occupational readiness in health and injury outcomes; Evaluate the impact of allostatic load (physical and psychological stressors) on occupational readiness, health, and injury outcomes.

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### Guest Editor

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### Deadline for manuscript submissions

15 February 2026



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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