

Special Issue

Health and Readiness of Tactical Populations

Message from the Guest Editor

Tactical populations include first responders and military personnel that have committed to protect life and property. Many of these occupations require the performance of arduous physical tasks in austere environments. As such, musculoskeletal injuries, psychological and physical morbidities, and decreased physical fitness occur across the career span. We are pleased to invite you to provide researchers, administrators, and practitioners with empirical research to elucidate these occupational threats, identify risk factors and mechanisms associated with their occurrence. Research aims and study designs on tactical populations may include (but not limited to) the following: Elucidate and evaluate critical mental and physical health, injury, and performance issues confronting tactical populations; Quantitative and qualitative investigations to identify risk factors and mechanisms of injuries; Cross-sectional designs to evaluate the role of physical fitness and occupational readiness in health and injury outcomes; Evaluate the impact of allostatic load (physical and psychological stressors) on occupational readiness, health, and injury outcomes.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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