

## Special Issue

# Advances in Telerehabilitation for Optimising Recovery

### Message from the Guest Editors

The COVID-19 pandemic has fundamentally changed how the world approaches everyday life and service delivery, including healthcare. Telerehabilitation has been used for decades to facilitate access to services, especially in countries where healthcare teams have limited access to specialist services. However, it was the COVID-19 pandemic that highlighted the potential of telerehabilitation, providing a leap forwards in its use in optimising clinical outcomes. This Special Issue, dedicated to telerehabilitation, will focus on the provision of rehabilitation using telehealth technologies as its central theme, with a specific focus on optimising recovery from a range of clinical conditions.

Telerehabilitation is the delivery of rehabilitation services at a distance, using information and communication technology (telephone, internet-based videoconferencing, sensors and apps and virtual reality programs with clinical monitoring). This Special Issue aims to inform improvements in the way telerehabilitation is delivered, advances in technologies, approaches to delivering telerehabilitation, changes in healthcare systems and environments, and cost-benefits of telerehabilitation.

---

### Guest Editors

Dr. Jade Kettlewell

Prof. Dr. Natasha Lannin

Dr. Lauren Christie

---

### Deadline for manuscript submissions

closed (30 September 2024)



## Healthcare

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/si/167254](https://mdpi.com/si/167254)

*Healthcare*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)





# Healthcare

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)



## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

---

### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
92697, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1  
(Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).