# **Special Issue**

# **Virtual Reality in Mental Health**

# Message from the Guest Editors

We are delighted to extend this invitation to you to contribute to this Special Issue entitled "Virtual Reality in Mental Health". The aim of this Special Issue is to bring together cutting-edge research, innovative methodologies, and critical insights on the utilization of virtual reality in mental health. By focusing on this topic, we aim to provide a platform for researchers and practitioners to share their findings, experiences, and perspectives, ultimately advancing our understanding of the potential benefits and limitations of VR in mental health contexts. In this Special Issue, we welcome original research articles and comprehensive reviews that cover various themes related to virtual reality in mental health. Potential research areas may include, but are not limited to, the following: Virtual reality interventions for specific mental health disorders (e.g., anxiety, depression, PTSD, and phobias); We look forward to receiving your valuable contributions to this Special Issue. By sharing your expertise and research outcomes, we can collectively advance this field and foster innovative approaches to mental health care.

### **Guest Editors**

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# Deadline for manuscript submissions

30 April 2026



# Healthcare

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# **About the Journal**

## Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

### Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

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