Special Issue

Virtual Reality in Mental Health

Message from the Guest Editors

We are delighted to extend this invitation to you to contribute to this Special Issue entitled "Virtual Reality in Mental Health". The aim of this Special Issue is to bring together cutting-edge research, innovative methodologies, and critical insights on the utilization of virtual reality in mental health. By focusing on this topic, we aim to provide a platform for researchers and practitioners to share their findings, experiences, and perspectives, ultimately advancing our understanding of the potential benefits and limitations of VR in mental health contexts. In this Special Issue, we welcome original research articles and comprehensive reviews that cover various themes related to virtual reality in mental health. Potential research areas may include, but are not limited to, the following: Virtual reality interventions for specific mental health disorders (e.g., anxiety, depression, PTSD, and phobias); We look forward to receiving your valuable contributions to this Special Issue. By sharing your expertise and research outcomes, we can collectively advance this field and foster innovative approaches to mental health care.

Guest Editors

Prof. Dr. Harry Qin

Centre for Smart Health, School of Nursing, The Hong Kong Polytechnic University, Kowloon, Hong Kong

Dr. Kapo Wong

Department of Applied Social Sciences, The Hong Kong Polytechnic University, Kowloon, Hong Kong

Deadline for manuscript submissions

30 April 2026



Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/201472

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

mdpi.com/journal/ healthcare





Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA 92697. USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

