# **Special Issue**

# Tailored Lifestyle and Behaviour Change Interventions for Prevention of Diabetes

# Message from the Guest Editor

LMICs have various levels of socio-economic inequalities, social ills, varied cultures, and food and physical environments, which bring with it unique challenges when trying to apply evidence from highincome countries without adaptions. We are pleased to invite you to contribute to this Special Issue, which aims to focus on highlighting findings from lifestyle interventions from LMIC to serve as a platform to showcase and learn from unique environments and contexts. This Special Issue aims to collate manuscripts that will highlight the challenges related to changing health-related behaviour in poorly resourced settings. Endeavouring to change individuals' daily practices by influencing their attitudes and beliefs to prevent disease is a complex task as it includes a vast array of sociocultural determinants. Thus, learnings from various settings would enrich scientific understanding and contribute to intervention implementation in resourcepoor settings positively. In this Special Issue, original research articles and reviews are welcome to be submitted.

## **Guest Editor**

Dr. Jillian Hill

Non-Communicable Diseases Research Unit, South African Medical Research Council (SAMRC), Cape Town 7505, South Africa

## Deadline for manuscript submissions

27 June 2026



# Healthcare

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Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

mdpi.com/journal/ healthcare





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# **About the Journal**

# Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

#### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA 92697. USA

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