

## Special Issue

# Health Promotion in Older Adults—Physical Activity/Exercise/Wearable Device

### Message from the Guest Editor

Health promotion is one of the keys to successful aging, both in healthy and disabled individuals. In order to provide safe and effective health promotion interventions for older adults, it is important for practitioners who are involved in the long-term care of patients, especially experts in rehabilitation, nursing, and exercise sciences, to develop adequate assessment tools or expand the application of the available assessments, and to establish evidence-based exercise protocols. This Special Issue will mainly focus on research related to exploring physical assessment methods and establishing effective exercise programs for older adults with or without chronic diseases. This Special Issue is seeking original articles, systematic reviews and meta-analyses. The suggested topic areas include, among others, the following:

- health promotion
- exercise
- physical activity
- older adults
- physical assessment
- cognitive assessment
- wearable device

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### Guest Editor

Dr. Miao-Ju Hsu

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### Deadline for manuscript submissions

closed (31 March 2024)



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 22.4 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the second half of 2025).