

## Special Issue

# Impact of Lifestyle, Health Conditions and Medical and Family Care on the Quality of Life of the 80+

### Message from the Guest Editor

High standards of usual care and appropriate treatment can prevent/delay the impact of ageing and are in part responsible for the increase in life expectancy. As a result, it is being redefined chronologically what is an 'older person'. Now, an elderly person is a person that is over 75 and over 90 years old, the oldest-old.

Nevertheless, old age remains associated with a high prevalence of chronic comorbidities, which are related to cognitive impairment and dependency, significantly affecting quality of life. Therefore, the current focus is on successful or resilient ageing, that even when suffering from illnesses, it is possible to resist cognitively and with autonomy in daily life. The aim of this Special Issue is to know the situation of older people, and we welcome high-quality original papers or comprehensive reviews. Researchers may include their studies on matters concerning health status, lifestyle, family, and primary healthcare and their impact on the cognitive sphere, autonomy in daily life, and lifespan expectancy. We look forward to receiving your contributions.

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### Guest Editor

Dr. Carmen Gómez

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### Deadline for manuscript submissions

31 March 2026



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peer-reviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Louise Herrington School of Nursing, Baylor University, Dallas, TX 75246-1754, USA

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### Author Benefits

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indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 22.4 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the second half of 2025).

