# Special Issue

# Promoting Health for Transgender and Gender Diverse People

# Message from the Guest Editors

Transgender and gender diverse (TGD) people face significant health disparities rooted in stigma, discrimination, and systemic barriers to care. These disparities span physical and mental health, and are compounded by a lack of provider training, limited access to gender-affirming services, and the broader impacts of social and economic marginalization. In transgender health research, health promotion involves not only health behaviors or medical needs, but also centers the broader context of healthcare, education, employment, housing, and social settings. We are pleased to invite your submission to a Special Issue on Promoting Health for Transgender and Gender Diverse people. This issue brings together research and practice-based insights that address these inequities, showcasing efforts to promote health, well-being, and resilience in TGD communities across diverse settings. Submissions that center the voices of TGD communities are encouraged. In this Special Issue, submission types may include the following: Original research articles; Systematic reviews and meta-analyses; Case reports; Research notes; Short communications. We look forward to receiving your contributions.

### **Guest Editors**

Dr. Whitney Linsenmeyer

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Dr. Katie M. Heiden-Rootes

Dr. Theresa Drallmeier

## Deadline for manuscript submissions

31 March 2026



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# **About the Journal**

# Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

#### Editor-in-Chief

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