

Special Issue

Comprehensive Rehabilitation of Low Back Pain in the Perspective of Human Health

Message from the Guest Editor

To discuss comprehensively the issue of LBP as the problem of human health one should take into consideration at least the following aspects: causes, symptoms, diagnosis, classifications, differential diagnosis, prognosis, medication, non-pharmacological therapy, surgery, comprehensive rehabilitation, guidelines on physiotherapy, the role of physical activity, costs, quality of life psychological consequences, prevention. We invite manuscript submissions for inclusion in a Special Issue of the *Healthcare* titled "Comprehensive Rehabilitation of Low Back Pain in the Perspective of Human Health". We welcome brief reports, original research reports, or review articles on topics related to the following areas of inquiry:

- Prevalence of LBP
- Classifications of LBP
- Prognosis in LBP
- Non-pharmacological therapy in LBP
- Guidelines on physiotherapy in LBP
- The role of physical activity in primary and secondary prevention of LBP
- Quality of life in chronic LBP
- Psychological consequences of chronic LBP
- Prevention of LBP

Guest Editor

Prof. Dr. Józef Opara

Institute of Physiotherapy and Health Sciences, Jerzy Kukuczka Academy of Physical Education, 40-065 Katowice, Poland

Deadline for manuscript submissions

closed (31 March 2025)



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/157104

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)





Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1
(Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).