

Special Issue

Non-Pharmacological Interventions in Chronic Cardio-Respiratory Diseases

Message from the Guest Editor

This Special Issue aims to promote the sharing of studies that present innovative non-pharmacological care approaches in the management of chronic cardio-respiratory diseases. In particular, the description of innovative models or techniques that can improve patient outcomes—both from a physiological and psycho-social perspective—is especially relevant.

Therefore, this Special Issue is addressed not only to physicians, but also to all healthcare professionals involved in the prevention and rehabilitation of these conditions. In recent years, alongside pharmacological treatments, non-pharmacological interventions have become critically important for managing chronic cardio-respiratory diseases, representing models that can not only improve clinical outcomes, but also reduce the social and economic burdens of these conditions.

Research focusing on these areas is thus of particular relevance from both scientific and societal perspectives. Studies describing the impact of such interventions in low-resource settings, including potential adaptations for these contexts, are also very welcome.

Guest Editor

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Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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