

## Special Issue

# Physical Exercise in Chronic Diseases: Assessment, Implementation and Effectiveness

### Message from the Guest Editor

In this Special Issue, original research articles and reviews are welcome. Research areas may include (but not limited to) the following:

- Systematic reviews and meta-analyses of the efficacy of therapeutic exercise in the treatment of chronic diseases.
- Studies on the assessment and prognosis of therapeutic exercise in patients with chronic diseases.
- Experimental studies measuring the efficacy of therapeutic exercise in patients with chronic diseases.
- Comparative and psychometric studies of different tools for the assessment of activity and therapeutic exercise in chronic diseases.

### Guest Editor

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### Deadline for manuscript submissions

31 December 2025



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).