

Special Issue

Problematic Eating Behaviour, Food Preferences, and Lifestyles until Early Adulthood

Message from the Guest Editors

Eating habits during childhood and adolescence influence the individual's health and well-being throughout life. Being explained by a complex set of factors that change and interact dynamically, these habits need to be studied and understood in a comprehensive way. The foundations for food preferences start to define during the early stages of development and may either lead to a healthy relationship with food and eating or act as a trigger to problematic eating behavior, including feeding or eating disorders. With this Special Issue of *Healthcare*, we intend to contribute to a broad understanding of problematic eating behavior among children and adolescents and its underlying factors. We encourage the submission of manuscripts based on both quantitative and qualitative approaches, from different cultures and contexts, and from authors with different backgrounds (e.g., nutrition and psychology). From food preferences and food choice to actual feeding and eating disorders, we are accepting original research and systematic reviews within this scope, namely manuscripts which may help to fill in the gaps in the knowledge on these themes.

Guest Editors

Dr. Rui Poinhos
Dr. Bruno M. P. M. Oliveira
Prof. Dr. Victor Viana

Deadline for manuscript submissions

closed (10 April 2024)



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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the first half of 2026).