

Special Issue

Nutrition in Patient Care

Message from the Guest Editors

Nutrition plays a crucial role in patient care, influencing overall health and recovery. A well-balanced and individualized diet is integral for supporting the body's immune system, promoting tissue repair and maintaining optimal energy levels. In hospitalized patients, adequate nutrition is vital as it aids in the prevention of malnutrition and enhances the effectiveness of medical treatments. Nutritional support becomes paramount in managing chronic conditions, post-surgery recovery and the duration of an illness. Proper nutrition contributes to faster healing, reducing the risk of complications and improving the patient's quality of life. Additionally, it plays a key role in managing chronic diseases such as diabetes, cardiovascular disease and gastrointestinal disorders. The aim of this Special Issue is to provide updated information on the integration of nutrition into patient care, and optimizing health outcomes, enhancing recovery and preventing complications. We hope to provide healthcare professionals with up-to-date data on the holistic approach to healthcare, recognizing the interconnectedness of diet, wellness and the body's ability to heal.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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