

Special Issue

Strategies and Interventions for Supporting the Holistic Well-Being of Clinicians and Nurses

Message from the Guest Editors

Healthcare workers are at risk of mental health illnesses, such as burnout, stress, and depression, due to a variety of stress factors in the workplace, including long working hours, shift work, workplace violence, and a lack of social support at work, among other things. This may lead to adverse outcomes, limited not just to an individual level, but which can also affect an organization's productivity and the quality of care. In view of the persistent occupational stressors and the many challenges involved in providing healthcare, attention to the well-being of these workers has increased. Well-being is a complex and multifaceted construct that can be described as optimal human experience and psychological functioning, involving subjective experiences and objective conditions that reflect physical and psychosocial wellness. This Special Issue aims to offer the most current evidence that has been developed in this area, with special interest in original research articles and reviews. A range of methodologies, including quantitative, qualitative, and mixed, are welcome.

Guest Editors

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Deadline for manuscript submissions

25 December 2025



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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