

Special Issue

Outdoor-Based Therapy and Human Health

Message from the Guest Editor

Rapid urbanization and urban drift centralization of the population are significant contributors to mental health and sedentary lifestyle diseases.

Researchers/practitioners have developed an interest in establishing outdoor-based therapeutic approaches that share common practices such as place-based learning, forest therapy, embodied experiences, therapeutic adventure, and nature-based stress reduction.

The Special Issue welcomes the contributions that may focus on one or more of the following areas:

- Empirical support for the effects of outdoor use/intervention and human health/welfare;
- Social and economic impacts of outdoor use and management in human health/welfare;
- Why and how outdoor environments contribute to human health and welfare, especially in preventing disease, prolonging life, and promoting physical, social, and psychological welfare;
- Methodological innovation for evaluating human health/welfare effects from outdoors;
- Measuring economic benefits for using outdoor for human health/welfare.

Guest Editor

Prof. Dr. Won-Sop Shin

School of Forest Resources, Chungbuk National University, Cheongju-si 361-763, Republic of Korea

Deadline for manuscript submissions

closed (31 August 2024)



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Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Louise Herrington School of Nursing, Baylor University, Dallas, TX
75246-1754, USA

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).