

## Special Issue

# Digital Addiction vs. Digital Wellbeing: The Design as a Promoter, the Design as a Deterrent

### Message from the Guest Editors

Recent research has shown that negative experiences can be associated with certain usage styles of social and digital media. While the range of underlying reasons for that problematic experience can be wide, we argue that digital media design can be seen as one of the contributors, e.g., through notification and interactive designs. At the same time, and unlike other mediums known for their addictive nature, such as alcohol and tobacco, digital media have an unprecedented ability to monitor usage and deliver prevention and intervention strategies in a personalised, real time and intelligent style. As such digital technologies also provide new opportunities to promote wellbeing in ways which were not previously feasible.

In this Special Issue, we are looking for both conceptual and technical papers. We welcome literature review and theoretical papers around the concepts of digital wellbeing and digital addiction and the role of digital media design in triggering problematic usage and potentially helping to regulate it. We also welcome studies around the dual role digital media design can play, both as a promoter for digital wellbeing and as a deterrent of it.

---

### Guest Editors

Prof. Raian Ali

Information and Computing Technology Division, College of Science and Engineering, Hamad Bin Khalifa University, Doha, Qatar

Prof. Dr. John McAlaney

Faculty of Science and Technology, Bournemouth University, Bournemouth BH12 5BB, UK

---

### Deadline for manuscript submissions

closed (28 February 2021)



## Healthcare

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/si/39976](https://mdpi.com/si/39976)

*Healthcare*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)





# Healthcare

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)



## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

---

### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
92697, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 22.4 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the second half of 2025).