

## Special Issue

# Nutritional Strategies and Metabolic Support in Perioperative Medicine and Intensive Care

### Message from the Guest Editors

The Special Issue *“Nutritional Strategies and Metabolic Support in Perioperative Medicine and Intensive Care”* in *Nutrients* highlights the essential role of nutritional and metabolic support in improving outcomes for surgical and critically ill patients. Malnutrition and metabolic disturbances are common in these populations and have a significant impact on clinical outcomes. This Special Issue invites original research, reviews, and clinical perspectives on evidence-based nutritional strategies that promote recovery, enhance immune function, and improve patient survival. Areas of focus include perioperative nutrition, early enteral and parenteral feeding, immunonutrition, metabolic optimization, and personalized approaches to medical nutrition therapy. Additional emphasis will be placed on innovations in prehabilitation, micronutrient supplementation, and the development and use of nutritional screening tools. By sharing current insights and practical strategies, this collection aims to serve as a valuable resource for clinicians committed to optimizing patient care through targeted nutritional interventions.

### Guest Editors

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### Deadline for manuscript submissions

25 January 2026



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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