

Special Issue

Research on Physical Activity Interventions and Environmental Correlates of Physical Activity and Health During Youth

Message from the Guest Editor

The research on school-based physical education (PE) interventions has focused on the development, implementation and effectiveness of PE programs on the physical and mental health of school-aged children, including physical activity levels, motor development, body composition, cardiovascular fitness, musculoskeletal health, academic performance, and other related factors. Before PE interventions can be fully integrated into health promotion policies, a comprehensive and socially relevant research approach needs to be established that is better aligned with the social, economic, and cultural context in which the children are inserted. Papers addressing these topics are invited for this Special Issue, especially those combining a high academic standard coupled with a practical focus on providing information to public policies and PE curriculum. Several research designs may be accepted, including randomized controlled trials, quasi-experimental designs, longitudinal and cross-sectional designs, mixed methods designs, systematic reviews, and meta-analyses.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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