

Special Issue

Behavioral Sleep Medicine: Current Research Developments

Message from the Guest Editors

Behavioral sleep medicine is a multidisciplinary area of basic and clinical research focused on the study of the psychological (cognitive, emotional, and behavioral) mechanisms related to normal and pathological sleep, as well as with the development and application of empirically validated cognitive-behavioral procedures for the assessment and treatment of sleep disorders and associated problems. In this Special Issue, original articles on this healthcare research area will be considered. Main topics of interest include, but are not limited to, the following:

- Normal human sleep
- Sleep and human development
- Sleep, neurocognitive function, and performance
- Insomnia
- Sleep related breathing disorders
- Central disorders of hypersomnolence: narcolepsy and idiopathic hypersomnia
- Circadian rhythm sleep-wake disorders
- Sleep related movement disorders
- Parasomnias
- Epidemiology of sleep disorders
- Sleep and sleep disorders in special populations
- Neurological disorders and sleep
- Sleep and psychopathology
- Behavioral assessment procedures and techniques
- Cognitive-behavioral therapies

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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