# Special Issue

# Acute and Chronic Adaptations to Exercise and Complementary Interventions

## Message from the Guest Editors

The forthcoming Special Issue of Healthcare aims to cover all aspects of exercise adaptations and welcomes submissions that discuss the response to acute exercise and the adaptation to exercise training programs from the molecular and cellular level to individual systems, extending to the integrated multisystemic response of the intact organism in both humans and animals. This topic may also include research on sports, nutritional intervention, physical activity, and health initiatives, as well as complementary interventions related to performance and recovery. including (but not limited to) photobiomodulation, cryotherapy, and massage. This Special Issue seeks commentaries, original research, short reports, and reviews on challenges in health systems focused on this field.

- athletes
- patients
- prevention
- performance
- exercise intervention
- nutritional intervention
- complementary intervention

Prof. Dr. Daniel Almeida Marinho

## **Guest Editors**

Prof. Dr. Filippo Macaluso

Prof. Dr. Daniel Marinho

Prof. Dr. Andreo Fernando Aguiar

### Deadline for manuscript submissions

closed (31 December 2024)



## Healthcare

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CiteScore 4.7
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## **About the Journal**

## Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

## Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

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### **Author Benefits**

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