

## Special Issue

# Obesity and Overweight: Prevention, Causes and Treatment

### Message from the Guest Editor

The global prevalence of obesity and overweight continues to rise, posing significant challenges to public health systems worldwide. Obesity is a complex condition with multifaceted causes, including genetic, behavioral, and environmental factors, and it significantly increases the risk of various chronic diseases, such as diabetes, cardiovascular disorders, and certain cancers. Understanding the underlying causes and identifying effective prevention and treatment strategies are crucial to tackling this growing epidemic. We are pleased to invite you to contribute to this Special Issue, which aims to explore the prevention, causes, and treatment of obesity and overweight. The focus aligns with the scope of *Healthcare*, which addresses the improvement in health and healthcare systems globally, particularly through evidence-based practices. This Special Issue aims to highlight innovative research on obesity prevention, causal pathways, and therapeutic interventions, offering insights into both individual and population-level strategies to mitigate the health risks associated with obesity.

### Guest Editor

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### Deadline for manuscript submissions

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## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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### Editor-in-Chief

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#### Journal Rank:

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).