

Special Issue

Work Conditions and Mental Health in Healthcare Workers

Message from the Guest Editors

We invite you to contribute to our Special Issue entitled “Work Conditions and Mental Health in Healthcare Workers”. Healthcare workers are exposed to a multitude of adverse risks and working conditions in the process of exercising their duties, such as staff shortages, excessive workloads, night shifts, long work shifts, a high number of hours worked per week, a high frequency of rotation between services, and high psychological burden, due to the management of critical situations, among others. All these working conditions make the work carried out by healthcare workers particularly stressful and diverse, if appropriate measures are not taken or adequate work resources do not exist, this can, thus, lead to injuries and safety problems for other people, manifestations of high levels of stress, anxiety, insomnia, emotional overload, fatigue, exhaustion, and loss of work engagement, mainly as a result of the nature of their work and the place where they perform their work. Considering these points, this Special Issue aims to evaluate the health of healthcare workers and its associations with their work conditions.

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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