Special Issue

Young Carers: Prevention, Intervention, Services and Outcomes—What Works?

Message from the Guest Editor

In this Special Issue, we invite submissions that examine, report on, discuss or assess either specific or wider approaches, services and interventions that are being used with young carers/young adult carers and their families. What services, approaches or interventions are focused on prevention—and what are they trying to prevent? What services, approaches or interventions are aimed at supporting young carers as children and/or carers? What are the aims of these services and interventions and what is the theory of change that they are built upon? Who has (co-)designed these services and interventions and for what purpose? What is the evidence that they deliver beneficial outcomes for young carers/young adult carers (and their families)? What works, why does it work, where does it work and who does it work with? These are some of the questions that we aim to address in this Special Issue. Articles where researchers/academics have worked with policy makers, practitioners, service providers, and/or young carers/young adult carers in the design, delivery or evaluation of services and interventions are especially welcome.

Guest Editor

Prof. Dr. Saul Becker

Faculty of Health and Education, Manchester Metropolitan University, Manchester M15 6BX, UK

Deadline for manuscript submissions

31 December 2025



Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/187349

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

mdpi.com/journal/ healthcare





Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA 92697. USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

