

Special Issue

Psychosocial Interventions for Informal Caregivers of Older Adults with Chronic Disease

Message from the Guest Editors

Informal caregivers represent the primary source of support for older adults living with chronic diseases and disabilities. Chronic illnesses can impact caregivers (as well as older patients) from the onset of the diagnosis or symptoms throughout the disease's trajectory. The potentially harmful effects of caring on caregivers' mental, physical and social health have been widely documented and recognized. Thus, evidencing ways to support caregivers in their role has been and will continue to be a major public health issue. The aim of this Special Issue is to provide updated evidence on psychosocial interventions designed to support informal caregivers of older people with chronic conditions. Well-design randomized controlled trials (RCTs), quasi-RCTs, mixed-methods intervention designs, pragmatic RCTs or Cluster-RCTs are desirable. Psychosocial interventions can include (but are not limited to) psychosocial support, skills training, multicomponent programs, peer support, psychoeducation, cognitive-behavioral therapy, self-management interventions, and counseling. Education-only intervention studies and systematic reviews (any type) will not be considered.

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