

Special Issue

Body Image, Dissatisfaction and Eating Disorders: A Healthcare Perspective

Message from the Guest Editors

Eating disorders are a real challenge for public health and healthcare providers. Their high prevalence in recent decades calls for a more in-depth analysis of their causes and development. Current research should continue to study clinical patterns in their evolution, but more information is also needed on maladaptive eating behaviors and the cognitive, emotional, and social factors associated with the perception of inadequate body image. This Special Issue aims to provide the latest advances on correlates and risk factors for the development of eating disorders in order to detect the most vulnerable individuals and carry out appropriate prevention interventions. In addition, more data are needed on the symptomatology presented by patients and the existing lines of treatment in order to facilitate the efforts of the professionals who care for them. In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following:

- Studies of risk factors and variables related to body image, body dissatisfaction, and eating disorders.
- Treatment studies.
- Prevention studies.
- Systematic reviews and meta-analyses.

Guest Editors

Dr. Rosendo Berengüi

Faculty of Education, Universidad Católica de Murcia (UCAM), 30107 Murcia, Spain

Dr. María Ángeles Castejón

Faculty of Education, Universidad Católica de Murcia (UCAM), 30107 Murcia, Spain

Deadline for manuscript submissions

30 September 2026



Healthcare

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 5.5
Indexed in PubMed



mdpi.com/si/198793

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)





Healthcare

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 5.5
Indexed in PubMed



[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q1 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the first half of 2026).