

Special Issue

Artificial Intelligence and Digital Mental Health: Emerging Innovations and Their Implications

Message from the Guest Editor

Artificial Intelligence (AI) is transforming mental health and psychotherapy by enhancing screening tools, diagnostic assessments, and treatment approaches. This research area is crucial as it bridges technology and mental health, offering valuable insights for more accurate assessments and personalized therapeutic interventions, which ultimately enhance mental health outcomes.

We are pleased to invite you to contribute evidence-based recommendations for clinicians and researchers regarding the use of AI in mental health and psychotherapy. We welcome papers that highlight how AI-powered tools can offer new perspectives in digital mental health and drive advancements in psychotherapy.

This Special Issue aims to explore the transformative impact of AI on mental health and psychotherapy practices. AI is reshaping assessment and intervention methods, bringing new perspectives to clinical decision-making. Advancements such as large language models, multimodal AI, and smart wearables are making mental health support more accessible and personalized, complementing traditional approaches.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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