

## Special Issue

# Towards Holistic Healthcare: Advancing Nursing and Medical Education

### Message from the Guest Editors

The Special Issue on issues of 'Towards Holistic Healthcare: Advancing Nursing and Medical Education' in holistic healthcare is dedicated to exploring the comorbidity of physical and psychiatric disorders in patients. The aim is to highlight the biopsychosocial model, according to which biological, psychological, and social parameters influence the predisposition, onset, course, and prognosis of most diseases. Many patients admitted to medical wards have co-occurring mental health issues, such as delirium, anxiety, depression, and dementia. Unfortunately, a number of critically ill people remain untreated in hospitals due to unrecognized mental health issues, while the presence of psychological problems or psychiatric disorders is particularly common in chronic illness. When mental and physical illnesses coexist, this can result in worse health outcomes, longer hospital stays and more in-patient resources used, involvement from other related health services, prescription drug introduction, and discharge to long-term facilities.

### Guest Editors

Dr. Polyxeni Mangoulia

Department of Nursing, National and Kapodistrian University of Athens, Goudi, GR-11527 Athens, Greece

Prof. Dr. Pavlos M. Myrianthefs

School of Nursing ICU at the "Agiou Anargyroi" Hospital, Noufaron and Timiou Stavrou Kaliftaki, National and Kapodistrian University of Athens, Nea Kifissia, 14564 Athens, Greece

### Deadline for manuscript submissions

31 December 2025



## Healthcare

an Open Access Journal  
by MDPI

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/si/205703](https://mdpi.com/si/205703)

*Healthcare*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)





# Healthcare

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)



## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

---

### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
92697, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1  
(Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).