

Special Issue

The Contribution of Health Education to Chronic Disease Management

Message from the Guest Editors

Educational interventions have been effective to improve outcomes in patients with chronic disease. Educational interventions, such as health education, telephone counseling, e-health support in terms of phone text message, web-based support or mobile applications could effectively improve the adherence to lifestyle modifications and improve physical and psychological outcomes. Supportive educational programmes to cancer patients and their caregivers could improve their physical, psychological wellbeing and quality of life. Given the prevalence of cardiometabolic disease and hypertension with the increasing trend in middle- age or early older adult, and the continuous increasing trend of cancer prevalence, timely professional support to self-health management to decrease the development of adverse health complications and cancer care in the community are crucial in health care. This Special Issue invites original contributions on the use of health education in different modes and contexts to improve chronic disease management. We particularly encourage nursing or interdisciplinary research projects.

Guest Editors

Dr. Eliza Wong

School of Nursing, Tung Wah College, Hong Kong SAR, China

Dr. Doris Y. P. Leung

School of Nursing, The Hong Kong Polytechnic University, Hong Kong 999077, China

Dr. Hon Lon Tam

The Nethersole School of Nursing, The Chinese University of Hong Kong, Hong Kong, China

Deadline for manuscript submissions

31 January 2026



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/192319

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)





Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1
(Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).