

Special Issue

Intrinsic Capacity and Healthy Aging

Message from the Guest Editors

The world's population is aging rapidly, with a forecast of a significant increase in the global proportion of older people. However, living longer often means dealing with health problems associated with the aging process. Given this, a significant and complex challenge for various sectors of society, especially health services, is to ensure a healthy aging process. Health care for older people must focus on maintaining the functional ability and optimizing intrinsic capacity. For this, it is necessary to guarantee high-quality integrated care accessible to all and focus on the need for prevention, evaluation, and treatment of the main conditions associated with the decline of intrinsic capacity. This Special Issue of *Healthcare* will focus on the current state of knowledge on methods and procedures for assessing and preventing or rehabilitating programs for priority conditions associated with the decline of intrinsic capacity: cognitive decline, reduced mobility, malnutrition, visual impairment, hearing loss, and depressive symptoms. Original research papers, reviews, case reports, methodological papers, position papers, and brief reports are welcome.

Guest Editors

Prof. Dr. Rodrigo Cappato De Araújo

Department of Physical Therapy, University of Pernambuco, Petrolina
56328-900, Brazil

Dr. Bruno Remígio Cavalcante

Physical Education Department, Universidade Federal do Vale do São Francisco (Univasf), Petrolina, Brazil

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Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Louise Herrington School of Nursing, Baylor University, Dallas, TX
75246-1754, USA

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).