# **Special Issue**

# A Multi-Perspective Study on the Psychological Health of Children and Adolescents

### Message from the Guest Editors

The aim of this Special Issue is to advance knowledge on the psychological health of children and adolescents by focusing on methodological, developmental, and clinical perspectives.

Potential topics include, but are not limited to, the following:

The role of school and family support systems in fostering psychological well-being.

Psychometric evaluation of instruments for assessing mental health in children and adolescents.

Studies on interventions aimed at reducing anxiety, depression, and other mental health issues.

Factors influencing resilience and adaptation in disadvantaged or vulnerable populations.

Longitudinal studies examining the developmental trajectories of psychological health.

Systematic reviews and meta-analyses on protective factors, assessment instruments, and interventions related to psychological well-being in children and adolescents.

We look forward to receiving your contributions.

### **Guest Editors**

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### Deadline for manuscript submissions

15 December 2025



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### **About the Journal**

### Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

### Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

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