

Special Issue

A Multi-Perspective Study on the Psychological Health of Children and Adolescents

Message from the Guest Editors

The aim of this Special Issue is to advance knowledge on the psychological health of children and adolescents by focusing on methodological, developmental, and clinical perspectives.

Potential topics include, but are not limited to, the following:

The role of school and family support systems in fostering psychological well-being.

Psychometric evaluation of instruments for assessing mental health in children and adolescents.

Studies on interventions aimed at reducing anxiety, depression, and other mental health issues.

Factors influencing resilience and adaptation in disadvantaged or vulnerable populations.

Longitudinal studies examining the developmental trajectories of psychological health.

Systematic reviews and meta-analyses on protective factors, assessment instruments, and interventions related to psychological well-being in children and adolescents.

We look forward to receiving your contributions.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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