Special Issue

Osteopathic and Complementary Manual Therapy in Musculoskeletal Pain and Dysfunction

Message from the Guest Editors

Musculoskeletal pain and dysfunction often result in disability and a reduced quality of life. Osteopathic and complementary manual therapies offer promising non-pharmacological approaches.

We invite contributions to this Special Issue "Osteopathic and Complementary Manual Therapy in Musculoskeletal Pain and Dysfunction", advancing research on efficacy, mechanisms, and applications to bridge practice and evidence.

In this Special Issue, we welcome original research articles and reviews whose scope includes, but is not limited to, the following topics:

- Clinical trials of osteopathic/manual therapies for musculoskeletal pain;
- Physiological/neurological effects of manual interventions;
- Comparisons with other pain management approaches;
- Patient-centred assessment/treatment innovations;
- Biomechanical analysis of osteopathic techniques;
- Psychosocial impacts and quality of life;
- Preventive uses and training for outcomes.

Guest Editors

Prof. Dr. Rafał Gnat

Faculty of Physiotherapy, Academy of Physical Education in Katowice, 40-065 Katowice, Poland

Dr. Anna Gogola

Faculty of Physiotherapy, Academy of Physical Education in Katowice, 40-065 Katowice, Poland

Deadline for manuscript submissions

31 December 2025



Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/235162

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

mdpi.com/journal/ healthcare





Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7 CiteScore 4.7 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

Louise Herrington School of Nursing, Baylor University, Dallas, TX 75246-1754, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

