

Special Issue

Physical Activity and Sedentary Behavior in Children, Youth and Adults: Risk Factors and Other Associated Variables

Message from the Guest Editors

This Special Issue entitled “Physical Activity and Sedentary Behavior in children, youth and adults. Risk factors and other associated variables”, we invite you with your contributions to support the need to maintain an active lifestyle in children, youth and adults, to know the risk factors and other variables associated with physical inactivity and sedentary behaviors and to the proposal and implementation of interventions to solve this problem. Specifically, we welcome research that provides relevant scientific evidence on the topics including:

- Physical activity;
- Sedentary behavior;
- Health behaviors;
- New technologies, physical activity and sedentary lifestyle;
- Interventions to support behavior and lifestyle changes;
- Risk factors and variables associated with physical inactivity and sedentary lifestyle;
- Psychosocial variables associated with physical inactivity and sedentary behavior;
- Physical education as a tool to encourage physical activity and avoid sedentary behavior.

Dr. Manuel Conejero Suarez
Dr. Jara Gonzalez Silva

Guest Editors

Dr. Carmen Fernández Echeverría

Dr. Conejero Suarez Manuel

Dr. Jara Gonzalez-Silva

Deadline for manuscript submissions

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Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

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