

Special Issue

Nutritional Management of Newborn Infants

Message from the Guest Editor

The purpose of this Special Issue, “Nutritional Management of Newborn Infants”, is to explore the most up-to-date evidence about the nutritional protocols for ameliorating the management of newborns by their parents and clinicians. A special emphasis will be given to preterm infants due to their increased nutritional needs. The goal of postnatal nutrition in premature infants (who are characterized with low birth weights and being small for gestational age) is to approximate intrauterine growth and nutrient accretion. Nutrition for preterm infants is complex and requires daily modifications of prescriptions that account for the infant’s age, birth weight, and current weight, as well as the volume and protein concentration of concurrent enteral nutrition. Vitamin inadequacies have to be identified and properly addressed. Indeed, an appropriately designed nutritional regime can significantly affect weight gain and catch-up growth, along with other factors. This Special Issue also covers data regarding the bioactive components of human milk and its role in several clinical outcomes. I look forward to receiving your contributions.

Guest Editor

Dr. Maria Skouroliakou
Department of Nutrition, IASO Hospital, 15123 Athens, Greece

Deadline for manuscript submissions

closed (27 November 2024)



Healthcare

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 5.5
Indexed in PubMed



mdpi.com/si/194916

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)





Healthcare

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 5.5
Indexed in PubMed



[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q1 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the first half of 2026).