

## Special Issue

# Advances in Sports Injury Management: Integrating Epidemiology, Prevention, and Therapeutic Innovation

### Message from the Guest Editors

Establishing the etiology and mechanisms of sports injuries is essential to the purpose and introduction of preventive measures, which may contribute to performance improvements in response to systematic and uninterrupted sports training programs. It is noteworthy that there are still gaps in knowledge about how the variables of exercise training intensity and volume could impact adherence to preventive programs, in addition to favorable physiological adaptations. Moreover, adopting better treatment methods is critical to optimize recovery processes and to reduce the long-term consequences of musculoskeletal injury. The current Special Issue intends to publish articles reporting recent advances in the fields of sports injuries epidemiology and prevention. It aims to demonstrate how these new advances have responded to demands pertaining to human health in terms of evidence-based practice within different care levels. In this perspective, papers based on evidence from clinical or applied studies on the epidemiological aspects, assessment, prevention, and interventions applied to different sports modalities and exercise training are welcomed to this Special Issue.

### Guest Editors

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### Deadline for manuscript submissions

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## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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