

## Special Issue

# Occupational Stress: Support, Coping, and Control

### Message from the Guest Editor

As we navigate the complexities of modern work environments, such as teleworking, occupational stress readily impacts workers' mental and physical health. Researchers must explore this matter further and develop evidence-based strategies and interventions to enhance worker well-being. Support systems, coping mechanisms, and a sense of control are vital components in mitigating occupational stress. However, a gap remains in our understanding of how these elements interact and influence workers' health and productivity. Our investigations can uncover insights that will lead to better support structures, healthier coping strategies, and improved control of work-related stressors. Our collective work can pave the way for more resilient and motivated workforces, ultimately improving workers' job satisfaction and quality of life. This Special Issue aims to further the field of occupational health by examining the complex factors involved in occupational stress, such as support, coping mechanisms, and control. Your contributions are welcome, and I look forward to your submissions. Yours faithfully,

### Guest Editor

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### Deadline for manuscript submissions

closed (30 April 2025)



## Healthcare

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Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



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### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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