

Special Issue

Health and Wellbeing Strategy Evaluation

Message from the Guest Editors

The increasing complexity of modern public health challenges necessitates the development of multidisciplinary frameworks that move beyond traditional clinical settings. Evaluating health and wellbeing strategies through the lens of preventative care, creative health, social prescribing, and innovative social interventions has become essential for fostering resilient societies and improving quality of life across the lifespan. We are pleased to invite you to contribute to this Special Issue entitled “Health and Wellbeing Strategy Evaluation”. This Special Issue aims to explore diverse, evidence-based approaches to promoting mental and physical health. Original research articles and reviews are welcome. Research areas may include (but are not limited to) the following:

- Evaluation of non-clinical health-promoting interventions;
- Impact of cultural interventions on health and wellbeing;
- Innovative methodologies for monitoring stress and wellbeing;
- Scalability of social-based health strategies within the European agenda;
- Strategies for enhancing mental resilience in vulnerable populations.

We would be delighted if you could contribute to this Special Issue.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the first half of 2026).