

## Special Issue

# Exercise Physiology and Its Performance in Health and Disease

### Message from the Guest Editors

From a multidisciplinary approach originating from disciplines such as physiology, physical activity and sports sciences, nutrition, medicine, biology, and biochemistry, among others, this Special Issue aims to include articles that delve into the knowledge of physiological mechanisms through which physical activity or exercise improves health prevents certain diseases and regulates the pathophysiology of different diseases.

### Guest Editors

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### Deadline for manuscript submissions

closed (31 December 2023)



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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### Editor-in-Chief

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).