Special Issue

Exercise Physiology and Its Performance in Health and Disease

Message from the Guest Editors

From a multidisciplinary approach originating from disciplines such as physiology, physical activity and sports sciences, nutrition, medicine, biology, and biochemistry, among others, this Special Issue aims to include articles that delve into the knowledge of physiological mechanisms through which physical activity or exercise improves health prevents certain diseases and regulates the pathophysiology of different diseases.

Guest Editors

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Deadline for manuscript submissions

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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

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