

## Special Issue

# Comprehensive Foot and Ankle Health: Advances in Prevention, Diagnosis, Therapeutic Strategies, and Rehabilitation

### Message from the Guest Editor

Foot and ankle disorders represent a major cause of pain, disability and reduced quality of life across all age groups. Despite significant advances in diagnostic technologies and therapeutic options, many patients continue to experience persistent symptoms, chronic pain, instability and limited mobility. This functional foot and ankle impairment in daily activities affects their autonomy and overall well-being and long-term health. This Special Issue, “Comprehensive Foot and Ankle Health: Advances in Prevention, Diagnosis, Therapeutic Strategies, and Rehabilitation”, aims to disseminate high-quality research addressing the full spectrum of foot and ankle conditions. We welcome original studies, including clinical trials, observational research, and innovative therapeutic developments focused on improving patient outcomes. Submissions may explore biomechanics, podiatric medicine, orthopaedics, sports-related injuries, surgical and conservative interventions, rehabilitation strategies, assistive technologies, and advanced imaging techniques. Narrative, systematic reviews, and meta-analyses that answer targeted clinical or methodological questions are also encouraged.

### Guest Editor

Dr. Raquel Sánchez Rodríguez

Department of Nursing, University of Extremadura, 10600 Plasencia, Spain

### Deadline for manuscript submissions

11 December 2026



## Healthcare

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*Healthcare*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Louise Herrington School of Nursing, Baylor University, Dallas, TX  
75246-1754, USA

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#### High Visibility:

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