

## Special Issue

# Addressing Behavioral Addictions and Promoting Emotional Well-Being: Insight, Challenges, and Solutions

### Message from the Guest Editors

Research on behavioral addictions continues to explore reliable assessment tools, underlying neurobiological and psychological mechanisms and effective intervention strategies. Similarly, emotional well-being research seeks to refine conceptual models, identify protective factors, and develop innovative approaches to foster resilience and mental health. By advancing these topics, the aim of this Special Issue is to provide a comprehensive platform for novel findings. We invite contributions that address, but are not limited to, the following:

- Theoretical models and conceptual advancements in behavioral addictions or emotional well-being;
- Psychometric assessment tools and validation studies;
- Empirical research on risk and protective factors;
- Prevention and treatment strategies tailored to behavioral addictions or emotional well-being;
- Multidisciplinary perspectives, including psychology, neuroscience, social sciences, and clinical research;
- Cultural and cross-national differences in behavioral addictions and emotional well-being.

We look forward to your submissions.

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### Guest Editors

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### Deadline for manuscript submissions

1 January 2026



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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