

## Special Issue

# Mental Health and Well-Being among Adolescents: Current Evidence and Future Directions

### Message from the Guest Editors

Adolescence is a unique lifespan stage where individuals confront numerous developmental challenges. The current Special Issue on adolescent mental health and well-being addresses the myriad of challenges that youth face and how this can undermine their transition into adulthood. Articles in the Special Issue can address any number of developmental challenges, including those affecting cognitive, social, emotional, physical and emotional growth. The editors particularly welcome studies involving prospective, longitudinal designs able to tease apart the multiple forces affecting development, including those that examine the family, school, peers, community and the environment.

- adolescence
- mental health
- well-being
- developmental challenges
- stress
- quality of life
- emotional growth
- self-efficacy

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### Guest Editors

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### Deadline for manuscript submissions

closed (31 March 2024)



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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### Editor-in-Chief

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#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1  
(Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).