Special Issue

Mental Health and Well-Being among Adolescents: Current Evidence and Future Directions

Message from the Guest Editors

Adolescence is a unique lifespan stage where individuals confront numerous developmental challenges. The current Special Issue on adolescent mental health and well-being addresses the myriad of challenges that youth face and how this can undermine their transition into adulthood. Articles in the Special Issue can address any number of developmental challenges, including those affecting cognitive, social, emotional, physical and emotional growth. The editors particularly welcome studies involving prospective, longitudinal designs able to tease apart the multiple forces affecting development, including those that examine the family, school, peers, community and the environment.

- adolescence
- mental health
- well-being
- developmental challenges
- stress
- quality of life
- emotional growth
- self-efficacy

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

