

Special Issue

Clinical Management of Knee and Hip Osteoarthritis

Message from the Guest Editors

Osteoarthritis (OA) is one of the most prevalent musculoskeletal disorders, significantly impacting patients' mobility, quality of life, and overall healthcare burden. Despite advances in treatment strategies, effective disease-modifying therapies remain a challenge, emphasizing the need for further research into the prevention, diagnosis, and innovative treatment approaches. Given the rising prevalence of knee and hip OA, expanding scientific knowledge in this field is of major importance. We welcome original research articles and review papers on topics including, but not limited to:

- Regenerative medicine approaches, including cell and gene therapy;
- Biomechanics and its role in disease progression;
- Non-surgical and surgical treatment strategies;
- Novel therapies;
- The impact of lifestyle, exercise, and nutrition on OA progression;
- Digital technologies in OA management.

We look forward to your valuable contributions to this Special Issue.

Guest Editors

Dr. Mohsen Hussein

1. Artros, 1000 Ljubljana, Slovenia
2. Faculty of Health Sciences, University of Novo Mesto, 8000 Novo Mesto, Slovenia

Dr. Nevenka Kregar Velikonja

Faculty of Health Sciences, University of Novo Mesto, 8000 Novo Mesto, Slovenia

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Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the first half of 2026).