

Special Issue

Clinical Management of Knee and Hip Osteoarthritis

Message from the Guest Editors

Osteoarthritis (OA) is one of the most prevalent musculoskeletal disorders, significantly impacting patients' mobility, quality of life, and overall healthcare burden. Despite advances in treatment strategies, effective disease-modifying therapies remain a challenge, emphasizing the need for further research into the prevention, diagnosis, and innovative treatment approaches. Given the rising prevalence of knee and hip OA, expanding scientific knowledge in this field is of major importance. We welcome original research articles and review papers on topics including, but not limited to:

- Regenerative medicine approaches, including cell and gene therapy;
- Biomechanics and its role in disease progression;
- Non-surgical and surgical treatment strategies;
- Novel therapies;
- The impact of lifestyle, exercise, and nutrition on OA progression;
- Digital technologies in OA management.

We look forward to your valuable contributions to this Special Issue.

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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