

Special Issue

Strategies for Improving Psychological Well-Being from a Biobehavioral Perspective

Message from the Guest Editor

The pandemic has both exacerbated and highlighted the fragility of mental health and wellness in our society. This special issue of Healthcare is dedicated to elucidating contemporary and historical underlying factors driving threats to mental health and wellness. Topics for consideration include but are not limited to: 1) Effects of structural racism on well-being, 2) Post-pandemic depression, 3) Impact of depression on daily functioning, 4) Wellness strategies for returning to work, 5) Familial responses to children and adolescent anxiety, 6) The use of telemedicine approaches to manage wellbeing, 7) Institutional (e.g., government, school based, community based) interventions to stem feelings of isolation and loneliness and to build social cohesive communities, 8) Mental health co-morbidity in families, schools, and communities. Original research, short reports, reviews and opinion papers are encouraged to submit manuscripts for consideration. We look forward to receiving your contributions.

Guest Editor

Prof. Dr. Keith E. Whitfield

Department of Psychology, University of Nevada, Las Vegas, NV 89154, USA

Deadline for manuscript submissions

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Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

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