

## Special Issue

# Understanding the Mental Health Burden of Trauma and Chronic Stress

### Message from the Guest Editor

Trauma and chronic stress are more relevant than ever in today's world, with global crises, economic insecurity, climate change, and war constituting threats that have a significant impact on mental health. We know from research that trauma can lead to post-traumatic stress disorder, depression, anxiety disorders, and other conditions, and COVID-19 has shown how chronic stress can be associated with an increase in mental health issues. In addition, there is a lack of studies that showcase the role of chronic stress among children and adolescents or in the workplace. The world has significantly changed in the past few years, and new challenges and threats have arisen on a global scale. To address these threats, more focused research is needed, and global research on these topics is of vital importance. Mental health is complex and varies across populations; thus, studies showcasing evidence on the relationship between trauma/chronic stress and mental health are essential for policy makers.

### Guest Editor

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### Deadline for manuscript submissions

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## Healthcare

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### Message from the Editor-in-Chief

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