

## Special Issue

# Well-Being of Healthcare Professionals: New Insights After COVID-19

### Message from the Guest Editors

Healthcare professionals have long faced psychological strain, but the COVID-19 pandemic has markedly intensified work-related stress, burnout, and moral distress. The long-term impacts include rising rates of secondary traumatic stress, compassion fatigue, and challenges to emotional resilience. This Special Issue focuses on the mental health, resilience, and long-term professional sustainability of medical professionals, emphasizing their well-being and its implications for patient care and healthcare system functioning. We welcome original research articles and reviews on topics including (but not limited to):

- Burnout, compassion fatigue, and secondary traumatic stress;
- Compassion satisfaction and protective factors;
- Mental health interventions and resilience-building strategies;
- Leadership and coaching approaches that enhance healthcare professionals' well-being;
- Digital support tools and telehealth for staff;
- The role of coaching in reflective practice, emotional regulation, and value-based leadership in healthcare settings.

We look forward to receiving your contributions.

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### Guest Editors

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### Deadline for manuscript submissions

28 February 2027



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

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