

Special Issue

Well-Being of Healthcare Professionals: New Insights After COVID-19

Message from the Guest Editors

Healthcare professionals have long faced psychological strain, but the COVID-19 pandemic has markedly intensified work-related stress, burnout, and moral distress. The long-term impacts include rising rates of secondary traumatic stress, compassion fatigue, and challenges to emotional resilience. This Special Issue focuses on the mental health, resilience, and long-term professional sustainability of medical professionals, emphasizing their well-being and its implications for patient care and healthcare system functioning. We welcome original research articles and reviews on topics including (but not limited to):

- Burnout, compassion fatigue, and secondary traumatic stress;
- Compassion satisfaction and protective factors;
- Mental health interventions and resilience-building strategies;
- Leadership and coaching approaches that enhance healthcare professionals' well-being;
- Digital support tools and telehealth for staff;
- The role of coaching in reflective practice, emotional regulation, and value-based leadership in healthcare settings.

We look forward to receiving your contributions.

Guest Editors

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Deadline for manuscript submissions

30 April 2026



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/241745

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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