

## Special Issue

# Physical and Mental Health Interactions: An Integral Approach to a Bidirectional Relationship

### Message from the Guest Editors

The relationship between physical and mental health is complex and inextricably linked. Uncovering the potential pathways that provide evidence for bidirectional causality and understanding the common risk factors that shape individual vulnerability and/or resilience could increase recognition of the importance of integrated care. This Special Issue explores the diverse aspects of physical and mental health interactions, identifying how physical health conditions affect mental well-being and vice versa, and highlights the importance of an integrated approach to address these interactions for improved overall health outcomes. The purpose of this Special Issue is to gather research articles, reviews, and/or meta-analyses on psychological problems in patients with physical health conditions and physical illness in patients with mental disorders, including other studies related to health psychology, behavioral medicine, and consultation-liaison psychiatry.

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### Guest Editors

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### Deadline for manuscript submissions

30 April 2026



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).