

Special Issue

Obesity Treatment, Metabolic Disorders and Diet

Message from the Guest Editor

Metabolic disorders such as obesity, insulin resistance, and diabetes are the most common diseases in the present scenario, and these are associated with various cancers. Lifestyle changes, gut microflora dysbiosis, leads to inflammation and disease progression which alters intestinal homeostasis. Gut microbiota plays a prominent role in ameliorating obesity and its associated disorders, including cancers. Therefore, treatment of metabolic syndromes via diet, functional foods, milk products, and pre- and probiotics would be beneficial. Therefore, we are pleased to invite you to contribute research and review articles to this Special Issue, including but not limited to the following:

1. Obesity management via fiber, pre-, and probiotics and functional foods;
2. Targeting the gut microbiota in obesity-associated metabolic diseases and cancers;
3. Current challenges associated with obesity and its associated disorders;
4. Therapeutic approaches to target obesity-associated cancer;
5. Gut–brain axis to modulate metabolic diseases;
6. Animal and clinical studies.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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