

Special Issue

Frailty: Epidemiology, Risk Factors and Management

Message from the Guest Editors

The prevalence of frailty increases with age, is influenced by the presence of age-related comorbidities and depends on which instruments are used to detect frailty. Trajectories of frailty are heterogeneous, and frailty management requires multicomponent interventions based on the patient's health needs, physical activity, dietary interventions, structured medication reviews and strengthening social support. The scope of this Special Issue includes articles related to advances in frailty epidemiology, risk factors, diagnostic tools, and management. Priority will be given to research results related to frailty screening, validation studies for frailty assessment, and management.

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).