Special Issue

Adolescent Mental Health: Current Issues and New Perspectives

Message from the Guest Editor

Just as good physical health is more than the absence of disease, good mental health is more than the absence of distress. While reducing distress is the primary focus of much of the research performed on mental health, developing and maintaining good mental health over the long term also requires a focus on the factors that promote well-being. This Special Issue welcomes the submission of literature reviews and reports describing the findings of research related to the mental health of adolescents. Papers can focus on issues associated with either reducing distress or enhancing well-being. Reports from quantitative studies employing either group design and inferential statistics or single-case experimental designs are preferred. However, focused and informative qualitative studies will also be considered. Studies on adolescents with either typical development or a developmental disability will be considered. Finally, reports pertaining to the impact of the mental health of adolescents on family caregivers will also be of interest.

Guest Editor

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Deadline for manuscript submissions

closed (1 April 2024)



Healthcare

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Impact Factor 2.7
CiteScore 4.7
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mdpi.com/si/179838

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Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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