

## Special Issue

# Health Promotion and Disease Prevention Strategies for Older Populations to Ensure Healthy Lifespans

### Message from the Guest Editors

This Special Issue is calling for high-quality original research articles, systematic reviews, meta-analyses, and short papers related to health promotion and disease prevention. Research topics could include, but are not limited to, preventive medicine in aging in the following areas:

- Cognitive decline;
- Diabetes;
- Hepatitis;
- Cardiovascular diseases;
- Cancer;
- Respiratory diseases;
- Longevity.

We believe it could be beneficial to create a space for those involved in scientific research on these issues to come together to explore new approaches to promote health and prevent disease in the aging population. We hope this can contribute to the broader goal of improving quality of life and sustaining healthcare systems.

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### Guest Editors

Prof. Dr. Mario Capunzo

Department of Medicine, Surgery and Dentistry "Scuola Medica Salernitana", University of Salerno, 84081 Salerno, Italy

Dr. Silvana Mirella Aliberti

Department of Medicine, Surgery and Dentistry "Scuola Medica Salernitana", University of Salerno, 84081 Baronissi, Italy

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### Deadline for manuscript submissions

15 June 2026



## Healthcare

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*Healthcare*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
92697, USA

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### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1  
(Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).