

Special Issue

New Advances in Sports Medicine and Rehabilitation

Message from the Guest Editor

The field of sports medicine and rehabilitation is rapidly evolving, integrating advanced diagnostic tools, evidence-based treatment protocols, and innovative exercise-based rehabilitation strategies to optimize patient outcomes. Accurate diagnosis and effective management are crucial for treating sports-related injuries and chronic conditions, facilitating recovery, preventing further complications, and ensuring long-term functionality. This Special Issue aims to advance the understanding of diagnostic and assessment techniques, exercise-based strategies, and management protocols to enhance the quality of care for athletes and patients recovering from musculoskeletal and other sports-related injuries, or ones with chronic conditions such as neurological disorders. We invite high-quality submissions, including observational studies, experimental research, and systematic reviews, which explore innovative assessment and diagnostic techniques, management practices, and rehabilitation strategies in sports medicine.

Guest Editor

Dr. Sergio Maroto Izquierdo

i+HeALTH, Strategic Research Group, Department of Health Sciences, Miguel de Cervantes European University (UEMC), 47012 Valladolid, Spain

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Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

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